



Dove Healthcare

April 2024 Newsletter · Dove Healthcare - Superior

A Message from the Administrator



Happy April! My name is Nolan Santikko, and I became administrator of Dove Healthcare - Superior this past January. It's been a busy, but fulfilling time stepping into this role.

A little about me: I'm originally from Iron River, WI and have been living in Duluth the last few years. I love this

area because I enjoy being outdoors in my spare time hunting, fishing, hiking, and spending time with my dog. I've been an administrator since 2020. I always wanted to choose a career that involved helping people. I like business and customer service, and administration for long-term care is a perfect blend of those ideals.

I've enjoyed meeting families and getting to know residents since joining the Superior team, and can't wait to get to meet more of you. Stop into my office anytime to say hello.

Nolan Santikko, NHA
715-394-5591 ext 129
nolan.santikko@dovehealthcare.com



Special Events this Month!

Superior Public Library Bookmobile

Tuesday, April 9 at 1:30PM

Join us in the First Flour Lounge!

On the second Tuesday of every month, the Superior Public Library visits us to share books, puzzles, audio books, magazines, and more. Residents and families are all welcome. Don't have a library card? That's okay! Fill out an application with one of the librarians when they are here, and then you can check out items.

Casino Outing

Wednesday, April 10 at 10:45AM

Jackpot! We are loading up the bus to go to Black Bear Casino with our residents. If you would like to attend the outing with your loved one, please let us know so we can accommodate.

RSVP to recreation by Monday, April 8.





Find us on Facebook

Follow Us on Facebook!

facebook.com/dovehealthcaresuperior

If you're not already following us on Facebook, we invite you to check out the page and consider following it to stay connected with all of the wonderful activities that take place here! Please also invite your loved ones near and far to follow the page too. We'll always share some photos in our monthly newsletter; Facebook is just a great way to keep in touch.

Do You Have a Loved One Residing at Dove Healthcare?

MESSAGE A RESIDENT

We invite you to try out a communication tool on our website and surprise your loved one with a special greeting. Scroll to the bottom of any page on dovehealthcare.com and click on the button "Message a Resident". Just fill out the fields provided and your message will be emailed to a designated employee at the location you select. They will then print and deliver the message to your loved one. Give our recreation department a call if you have any questions.

Recognize a Dove Healthcare Employee

RECOGNIZE AN EMPLOYEE

We invite you to recognize a Dove Healthcare employee who went above and beyond in their work during your time with us.



Scan QR code, or visit dovehealthcare.com/recognize today. Please be specific and briefly explain how the employee went above and beyond. Did they exceed the needs of a resident? Did their attitude and actions promote a positive experience?

Your message will be printed and delivered to the Dove Healthcare employee within a week. We look forward to hearing from you.

A Minute With Maintenance

Did you know that there are over 3,300 fires each year due to the use of extension cords and power strips?

This is why we do not allow the use of extension cords **or** power strips at Dove Healthcare.



Every outlet or receptacle is only able to handle a certain load. By using a power strip and plugging in multiple appliances, there is a risk of overloading that circuit. If you're lucky, when the overload occurs there is a circuit breaker that will trip cutting off electricity to the overload. However, the result could also be ruining all the items plugged into that circuit or even a fire.

Most inexpensive power strips you find at the store are not UL listed. This means they have not been put through independent testing to ensure their safety. A lot of these are also built with cheap components and have no overload protection in place. Furthermore, all the outlets in our building have to be hospital grade. This is shown by a green dot on the face of the outlet. The hospital grade receptacles are built to a higher quality to withstand the use of medical equipment. By using a power strip, the higher quality of the hospital grade receptacle is rendered useless.

If for some reason there is a need for more outlets, please let us know. We will figure out a way to provide additional outlets, while being safe and adhering to state/federal codes. If our team does find a power strip, it will be removed to ensure the safety of our residents, employees, visitors, and building. Thank you.

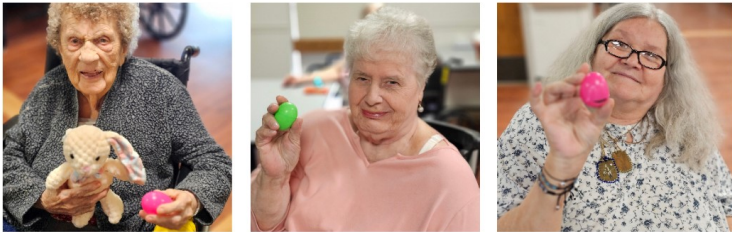
Article Contributed by Brent Swan, Maintenance Technician for Dove Healthcare - Rice Lake



March Memories



March was a busy month for our residents, with both St. Patrick's Day and Easter festivities.



We celebrated with Shamrock floats, festive crafts, egg dyeing, and Easter egg hunts with fun prizes!

VOLUNTEER



National Volunteer Week

While we celebrate National Volunteer Week April 21-27, we are grateful for our volunteers all year round! Volunteers are a cornerstone to our care center, meeting resident needs through their generous devotion of time, friendliness, and compassion. We will take this time to share a big "Thank You" to our volunteers, and recognize the impact they make in our Dove Healthcare community!

If you or someone you know is interested in volunteer opportunities to play games, assist with church, read, do crafts, and/or spend time with our residents in any capacity, please complete the **online volunteer application on our website dovehealthcare.com**. Go to "Join our Team" and then click on "Volunteer". Whether one day a week, a month, or year - we welcome your time, anytime!

Contact Recreation Director Justine Benoit with any questions. 715-394-5591 ext 144 or justine.benoit@dovehealthcare.com

Our Sincere Sympathy

The Dove Healthcare family wishes to extend our sincere sympathy to the families of...



**Leonard E.
Daniel K.**

Although gone from this place, their presence in our lives will remain a precious memory. Thank you for giving us the opportunity to care for your loved one.

Therapy Success Story

Congratulations to Gene on all his progress with rehabilitation! He is shown here working with Ashley, a physical therapist, on overhead presses to strengthen his arms, exercise ball toss to strengthen his core, and wheelchair lifts. Gene's goal is to be able to stand again. "You just have to do it," he explains. "Get up off the couch and work hard." Gene added, "I am very satisfied with the therapy services here, and I am proud of how far I've come." We are proud of you, too, Gene! Thank you for choosing Dove Healthcare, and keep up the great work!



If you or someone you know could benefit from an evaluation for physical, occupational, and/or speech therapy services, please contact Dove Healthcare - Superior's Rehabilitation Director Kim Kroll. 715-394-5591, ext. 167 kimberly.kroll@dovehealthcare.com





April 2024



Calendar is Subject to Change



Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 April Fool's Day	2 National Peanut Butter and Jelly Day	3 Rainbow Day Wear Colorful Attire!	4	5 National Pizza Day	6 National Popcorn Day
	9:00 Coffee & Laughter-2 10:00 Coffee & Laughter-3 11:00 Coffee & Laughter-1 1:30 Resident Council-EC 2:30 Bingo-3 6:45 Joyce's Evening Bingo-1	9:00 Morning Activities-2 9:00 Book Cart & Visits 10:00 Making PB&Js-3 11:00 Making PB&Js-1 1:30 Catholic Mass-EC 2:30 Blitz-1 3:45 Blitz-3	9:00 Rainbow Bracelets-2 10:00 Rainbow Bracelets-3 11:00 Rainbow Bracelets-1 1:15 Bingo-3 2:15 Bingo-1	9:00 Balloon Toss & Music-2 10:00 Balloon Toss & Music-3 11:00 Balloon Toss & Music-1 1:30 UWS Art Group-1 2:45 Yahtzee-1 4:00 Yahtzee-3	9:00 Coffee Cart & Visits 10:00 Pizza & News-3 10:00 UMD Reminiscence-2 11:00 Pizza & News-1 2:00 All Staff Meeting 2:45 King's Corner-1 4:00 King's Corner-3 3:45 Doug's Bowling League-1	9:00 Bingo-2 10:00 Bingo-3 11:00 Popcorn Pass-All 2:15 Joyce's Weekend Bingo-1
7	Sunday Singers ♪♪	9 Library Day	10 Casino Day	11	12	13
	9:00 Coffee Cart & Visits 10:00 Rock Painting-3 11:00 Rock Painting-1 Pie Pass-All Floors 3:45 Bingo-3 6:45 Joyce's Evening Bingo-1	9:00 Jarts-2 10:00 Jarts-3 11:00 Jarts-1 1:30 Superior Library Book Mobile-1 2:30 4 Way Countdown-1 3:45 4 Way Countdown-3	8:45 Book Cart & Visits 9:30 Bingo-3 10:45 Casino Outing Sign Up Early!! 3:45 Joyce's Bingo-1	9:00 Morning Activities-2 10:00 Morning Exercise-3 10:00 Morning Exercise-1 1:30 UWS Art Group-1 2:45 Yahtzee-1 4:00 Yahtzee-3	9:00 Music Visits 10:00 Coffee & News-3 10:00 UMD Reminiscence-2 11:00 Coffee & News-1 1:15 UNO-2 2:15 UNO-1 3:45 UNO-3 3:45 Doug's Bowling League-1	9:00 Coffee Cart & Visits 10:00 Weekend Bingo-3 11:00 Weekend Bingo-1 2:15 Joyce's Weekend Bingo-1
14	Sunday Singers ♪♪	16	17 National Cheeseball Day	18	19	20
	9:00 King's Corner-2 10:00 King's Corner-3 11:00 King's Corner-1 1:15 Bingo-2 2:15 Ping Pong Game-1 3:45 Bingo-3 6:45 Joyce's Evening Bingo-1	9:00 Bean Bag Toss-2 10:00 Bean Bag Toss-3 11:00 Bean Bag Toss-1 1:15 Blitz-2 2:15 Blitz-1 3:45 Blitz-3	9:00 Spring Hangman-2 10:00 Spring Hangman-3 11:00 Spring Hangman-1 1:30 Doug's Bingo-1 2:30 Bingo-3 All Day Cheeseball Game in Business Office	9:00 Morning Activities-2 10:00 Balloon Toss-3 11:00 Balloon Toss-1 1:30 UWS Art Group-1 2:45 Yahtzee-1 4:00 Yahtzee-3	9:00 Morning Activities-2 9:00 Coffee & News-3 10:00 Coffee & News-1 10:00 UMD Reminiscence-2 11:00 UNO-1 1:30 Karaoke Party & Refreshments-1 3:45 UNO-3 3:45 Doug's Bowling League-1	9:00 Coffee Cart & Visits 10:00 Weekend Bingo-3 11:00 Weekend Bingo-1 2:15 Joyce's Weekend Bingo-1
21	Sunday Singers ♪♪	23	24 Denim Day Wear Jeans!	25	26	27
	10:00 Rootbeer Floats with Maggie Served on 3rd, 2nd, then 1st Floor	9:00 Jarts-2 10:00 Jarts-3 11:00 Jarts-1 1:15 Crazy 8s-3 2:15 Crazy 8s-1	9:00 End the Phrase-2 10:00 End the Phrase-3 11:00 End the Phrase-1 1:30 Kathy's Bingo-1 2:30 Bingo-3	9:00 Music & Exercise-2 10:00 Music & Exercise-3 11:00 Music & Exercise-3 1:30 UWS Art Group-1 2:45 Yahtzee-1 4:00 Yahtzee-3	9:00 King's Corner-2 10:00 King's Corner-3 10:00 UMD Reminiscence-2 11:00 King's Corner-1 12:45 Walmart/Dollar Store Bus Outing 3:45 Doug's Bowling League-1	9:00 Coffee Cart & Visits 10:00 Weekend Bingo-3 11:00 Weekend Bingo-1 2:15 Joyce's Weekend Bingo-1
28	Sunday Singers ♪♪	30				
	9:00 Coloring & Crafts-2 10:00 Coloring & Crafts-3 11:00 Coloring & Crafts-1 1:15 Bingo-2 2:15 Hungry Hippo Game-1 3:45 Bingo-3 6:45 Joyce's Evening Bingo-1	9:00 Book Cart & Visits 10:00 Bean Bag Toss-3 11:00 Bean Bag Toss-1 1:30 Catholic Mass-Event Center 2:30 Blitz-1 3:45 Blitz-3				